



2008 Coaching Apprentice Program For All Disciplines

The intent of the program is to assist Ontario coaches in acquiring advanced skills through these unique training opportunities.

One coach per discipline (Men's Artistic, Rhythmic, Trampoline, Tumbling, Women's Artistic) will be selected to take part in the following professional development opportunities:

1. Participate as a member of Team Ontario at the 2008 Canadian Championships in Calgary, Alberta (June 1st to 8th) and the 2008 Canadian Individual Rhythmic Championships in Montreal, Quebec (May 31st to June 2nd).
 2. Participate in all discipline specific Coaching Summit's for the 2008-2009 season.
 3. Participate as a delegate at the 2008 "Coaching for Coaches" Weekend (October 3rd and 4th) at East York Gymnastics Club.
- ❖ All expenses are covered for these activities including registration, travel, accommodation and meals.

Purpose

- to provide a professional development opportunity for coaches who aspire to coach national and high performance athletes
- to provide the apprentice coach with an opportunity to mentor with more experienced coaches
- to improve the level of gymnastics in Ontario by providing support to coaches to develop beyond the current NCCP program

Who Can Apply?

- Coaches with minimum NCCP Level 2 certification who plan to complete Level 3 certification within 2 years of the Championships.
- Coaches with a minimum of 2 years of coaching experience.
- Coaches who have never previously attended the Canadian Championships as a coach.
- Coaches who have demonstrated potential through development and commitment to the sport.
- Coaches who are members in good standing with Gymnastics Ontario.

Requirements/Expectations

Prior to the Event

- Complete a self-evaluation answering the following questions in each of the designated areas – Communication, Program Planning and Development, Technical Knowledge and skills, Leadership
 - a) What are my strengths in this area?
 - b) How can I improve in this area?

- c) What mentoring or development do I require in this area?
- an evaluation of your personal values and philosophies in coaching
 - Provide an outline of your personal goals (realistic – 2 years and dream – 5 years)
 - meet with team coaches/mentor coach to become familiar with team verification/team order procedures and to set team goals

At the Event(s)

- attend all training sessions, technical meetings, team meetings etc.
- network with and observe other Provinces in training and competition
- interact with officials to gain understanding of their role
- maintain a journal outlining the experience and highlighting the areas to report on
- communicate regularly with the Mentor Coach on site at the event
- complete tasks assigned by the Mentor Coach

Post Event(s)

- submit a written report to Gymnastics Ontario within 3 weeks of returning from the event (as per the guidelines provided)
- submit the written report to the Head Coach at your gym.
- conduct an education session with coaches at your home club (based on your key learnings from each of the events/opportunities)

Interested Candidates Must Submit the Following

1. A completed application form.
2. A resume which details involvement in the sport, coaching education and experience as a coach.
3. A letter of reference from a Board Member or Head Coach of the club which you are currently employed with.
4. A letter of reference from a parent of an athlete you are currently coaching.
5. A cover letter outlining your career goals and any additional information that you feel will assist us in making our decision.

Applications will be evaluated based on the following:

- Education
- Coaching Experience
- Commitment to this Career Path

Submit To: Kellie Hinnells, Technical Director
c/o Gymnastics Ontario
1185 Eglinton Avenue East
Toronto, Ontario M3C 3C6
Kellie@ogf.com
416-426-7377 (fax)

Deadline: Friday April 25th, 2008.



2008 Coaching Apprentice Program **Application Form**

Application Checklist:

- Completed Application Form
- Resume Outlining Your Involvement in the Sport, Coaching Education and Experience as a Coach.
- A letter of reference from a Board Member or Head Coach of the club which you are currently employed with.
- A letter of reference from a parent of an athlete you are currently coaching.
- A cover letter outlining your career goals and any additional information that you feel will assist us in making our decision.

DEADLINE FOR SUBMISSIONS: Friday April 25th, 2008

Name: _____

Telephone: _____ E-Mail: _____

Club Currently Employed With: _____

Current Position Held: _____

Number of Years Coaching Competitive Gymnastics: _____

Level of Athletes You are Currently Coaching: _____

Do you hold a degree/diploma from a community college or university? YES NO

If yes, please specify the name of the Institution: _____

Degree _____ Diploma _____ Date Received: _____

What Level NCCP Certification Have You Attained? _____

NCCP # _____

Date of Last Risk Management Training Session: _____

Leadership Roles I Have Assumed (Gymnastics and Non-Gymnastics):