



## **Ontario Cups and Ontario Championships**

*February 4, 2010*

### **ONTARIO CUP #1:**

***Gymnastics Ontario is pleased to announce that Ottawa Gymnastics Centre is the host for the 1<sup>st</sup> Women's Artistic Ontario Cup***

**Date:** March 26<sup>th</sup>-28<sup>th</sup>, 2010

**Host:** Ottawa Gymnastics Centre

**Venue:** Confederation High School

**Location:** 1645 Woodroffe Avenue, Ottawa, ON, K3G 1W2

**Levels:** OCP Level 7, 8, 9

### **ONTARIO CUP # 2:**

***Gymnastics Ontario is pleased to announce that Rose City Gymnastics is the host for the 2<sup>nd</sup> Women's Artistic Ontario Cup***

**Date:** April 9<sup>th</sup>-11<sup>th</sup>, 2010

**Host:** Rose City Gymnastics Inc.

**Venue:** Forest Glade Arena

**Location:** 3215 Forest Glade Drive, Windsor, Ontario, N8R 1W7

**Levels:** OCP Level 5 & 6

### **ONTARIO CHAMPIONSHIPS:**

***The Ontario Championships is being hosted by Quantum Niagara Gymnastics in St. Catherines, Ontario.***

**Date:** April 23<sup>rd</sup>-25<sup>th</sup>, 2010

**Host:** Quantum Niagara Gymnastics

**Venue:** Ridley College

**Location:** 2 Ridley Road, St. Catherines, ON, L2R 7C3

**Levels:** OCP Level 5-9, National Novice, HP Novice, HP Junior, HP Senior, National Open, National Pre-Novice.

**\*THERE IS A POSSIBILITY THAT A THURSDAY NIGHT FLIGHT MAY BE REQUIRED DEPENDING ON THE SCHEDULING FOR THE EVENT. FURTHER INFORMATION WILL BE PROVIDED AS IT BECOMES AVAILABLE.**