

GYMNASTICS ONTARIO AND OUR MEMBER CLUBS ARE PROUD TO HOST

*“Pursuing the Dream,
Puisuivre le reve”*



May 31-June 6, 2004

Bulletin 2

WHO'S IN CHARGE?

Co-Chairperson Dr. Gene Sutton
Co-ChairpersonHolly Abraham
Women's TechnicalTraceyMurphy,
Tracey Robertson
Men's Technical-Lianne Burtinsky, Dave Lockington
FinanceJim Chung
Delegate ServicesRuth Simpson
Hosting ServicesAngel Crossman
Volunteers Ruth Uren
SecurityGeorge Curran
Judging Liaison.....Diane Durette
TransportationLori Cassella

GYM CANADA LIAISONS:

OperationsJean Paul Caron
Women's Program Lise Simard
Men's ProgramKarl Balish
T&T ProgramTraci House

HOW DO I GET IN?

Weekly Pass \$40.00 adults
 \$20.00 students

Weekly passes available from Gymnastics Ontario
office by e-mail canadianchampionships@ogf.com

Or fax with credit card 416-426-7377

Daily admission available at the door- CASH ONLY.

A full fee schedule is available by email.

WHERE'S THE MEET?

The renowned Mississauga Hershey Centre is the competition site and is within a short driving distance of the Athletes' Village. Spectator seating at the Hershey Centre is all general admission. All spectators will enjoy a clear view of all events. If you would like to see the spectacular centre, please log on to www.hersheycentre.com

EQUIPMENT DETAILS.....

Spieth Anderson is the official supplier for artistic equipment. No outside or additional equipment is permitted in the facility. The competition gym will include separate men's and women's floor exercise areas. Pre-competition warm-up will be in the full training gym except as assigned to the competition gym.

WHEN DO I COMPETE?

Check out the full detailed daily schedule on the web at www.ogf.com

WHERE AM I GOING TO STAY?

The Athlete's Village will be at the Humber College residences with connected food services at the college. The front desk of the residences is open 24 hours a day. Participants will have access to a wide variety of facilities including, swimming pool, roller blade paths, social and meeting rooms. A beautiful shopping mall is within walking distance of the campus. The Athlete's Village (athletes, coaches, managers, head of delegation) houses delegates in student residences of single rooms on campus. The Athlete's Village is a smoke and alcohol free environment. Officials will be housed at the Host



GYMNASTICS ONTARIO
Stretching the Body and Mind

Hotel at the Radisson Mississauga within a short drive to the competition site. All participants and officials will have transportation to and from the competition site on a specific schedule. Free parking available at the Hershey Centre and Humber College for all registered guests.

Each delegate will receive a plastic credit card, which will be the meal card and the delegate's room key. Cards must be returned at the conclusion of the event. There is a \$10.00 charge for lost keys plus a \$30.00 administration fee for issuing a replacement card. Payment for the replacement card must be made prior to the issuance of a replacement card. You can obtain your parking pass on check in.

A damage deposit of \$10.00 per person is to be paid, by separate cheque, at the time of registration. Any related charges will be deducted from this amount prior to any refund being issued.

Learn more about the campus at www.humber.ca.

CHECK IN/OUT

Provinces may arrive on Monday May 31st, 2004.

Check-in for residences is 1:00pm.

Departure is Monday June 7. Check out is at 11:00am.

The official host hotel is the:

**Radisson Hotel Toronto-Mississauga
2501 Argentia Rd**

Mississauga, Ont L5N 4G8

GCG and the Judges will be hosted at this hotel.

WHERE CAN MOM AND DAD, AND VISITORS STAY?

Holiday Inn Toronto Airport East

1-800-491-4656

600 Dixon Road, Etobicoke

www.holiday-inn.com/toronto-aeast

Special room rate for this event will be \$99.00 per night up to 4 in a room. You must mention the 2004 Gymnastics Championships to receive this rate. Parking is included with the room rate.

Please book before May 21st to guarantee a room.

Quality Suites Toronto Airport

1-877-755-4900

262 Carlingview Drive. Etobicoke

cn309@whgca.com

Special room rate for this event will be \$119.00 per night up to 4 people in a suite. You must mention the 2004 Gymnastics Championships to receive this rate.

Please book before May 15/04 to guarantee a room.

WHERE DO I EAT?

Really yummy meals will be provided at the Residence Dining Hall. A complete menu will be available in your delegates handbook. Meal times are breakfast 6:30am-9:00am, Lunch is 11:30am-2:00pm and dinner is 4:30pm-7:30pm. If your delegation needs a bagged lunch based on the schedule, you may only make this request in writing four days prior to the requested date by contacting canadianchampionships@ogf.com (Ruth Simpson) You will then pick up your lunches in the cafeteria at breakfast time on the date you selected.

HOW MUCH IS ALL THIS GONNA COST ME?

- Athlete \$75.00 each
- Additional \$25.00 each GCG surcharge all athletes
- Coach, Judge, Delegate \$75.00 each
- Accommodation & Meals \$75.00/day
- Late entry penalty \$25.00 each
- Deadline for entries May 7, 2004
- **No entries accepted after Friday May 14**

We encourage all delegations to stay at the Humber College – it's a great atmosphere, with meals and accommodation at bargain prices. Your cooperation in having entries and fees submitted on time would be greatly appreciated. This is a very large competition and we need time to ensure that plans are in place to welcome you appropriately!

CAN I GET SOME MONEY BACK IF I CAN'T COME?

Requests for refunds can be made up to 12:00 noon on Friday May 14, 2004. All requests for refunds should be made to canadianchampionships@ogf.com attention Holly Abraham. Final decision will be at the discretion of the organizing committee's ability to be reimbursed for their expense before issuing any refunds.

LET'S PARTY!!

- Opening Gala Celebration- Tuesday June 1 7:00pm-8:30pm Hershey Centre
- Athletes' Dinner – Wednesday night 5:30 pm- 8:00pm– BBQ- Residence Patio Humber College
- Adults Social- Chef's, Judges, Coaches, Managers– Thursday night 8:30 pm – 7th Semester, Humber College.
- Athlete Social- Provinces should bring a special game to share with the other provinces. Thursday night 7:30pm-9:00pm
- VIP's and Sponsor Social- during & following Saturday competition- Hershey Centre. 4:00pm-8:00pm

- Closing Party – Sunday 8:00pm – athletes' dance and play and adult social at the Playdium Mississauga.

HOW'S MY TEAM GONNA GET AROUND?

Transportation will be provided between the airport and the "Village" at the Humber College, according to the schedule provided by the delegation at the time of registration. We will also provide a shuttle between the Hershey Centre and Humber College throughout the event. Provinces/territories are responsible for all other transportation. Mississauga is serviced by all major airlines, but please arrange your flights as soon as possible.

Official Car and Van Rental Agency:

Avis Rent a Car
1-800-331-1600

www.avis.com

Please mention code **C330499** for these and other special rates:

Mini- van - \$275.99/week unlimited free km's.

WHAT IF I GET SICK OR INJURED?

We'll look after you! On site personnel will include physiotherapist, and athletic therapist. Taping services will be available but please bring taping supplies. Emergency treatment will be available at the local hospitals in Mississauga.

MEDALS AND GOOD STUFF!

Awards will be presented after each session as per regulations. Athletes should remain on site for their presentations.

Please advise us of any dignitaries or life members from your province/territory who may be in attendance so they may be acknowledged.

The Olympic Gala and Opening Celebration will be held Tuesday June 1 in the evening at the Hershey Centre. An Olympic-like celebration will take place with Olympic athletes, displays, music and fun. The event is open to the public and there will be free general admission to celebrate Gymnastics and the Olympic Movement. Provincial teams will be seated together and will come to the floor to be involved in the Olympic torch ceremony.

Playdium Mississauga is the host-site of the closing party. Experience the thrill of over 200 games and attractions at Playdiums 11 acre indoor & outdoor playground. We will also have a DJ for dancing and refreshments.

TECHNICALLY SPEAKING.....

Floor Music – please bring 2 copies, clearly labeled with athlete's name and province on CD or tape.

We are pleased to announce that **CBC** will be televising Senior finals on Saturday June 5, 2004.

In the event that you have any technical concerns or questions prior to the event, please contact Dr. Gene Sutton jockdoc@cogeco.ca

WHAT WOULD NATIONALS BE WITHOUT MEETINGS??

Check out the meeting schedule on the web at www.ogf.com

Monday May 31st arrival for all delegates.

Monday May 31st 8:00pm-9:00pm Mens and Womens Technical Meetings at Hershey Centre.

Tuesday June 1st 10:00am Chef's meeting at Hershey Centre.

WHAT FUN THINGS CAN I DO IN MISSISSAUGA?

The College has beautiful walking, biking and rollerblading trails accessible from the residences. Museums, points of interest, shopping, movies, incredible golf courses and more, are all available within a short drive. Visit www.mississauga.ca and explore Mississauga's unique opportunities.

WE COULDN'T DO THIS WITHOUT THE HELP OF THESE GREAT COMPANIES!

Thank you to the following sponsors who have committed their support to the event:

AMA Inc.

Banque de Montréal Mastercard

Avis Rent a Car

CBC

City of Mississauga

Futures Gymnastics Club

Gymnastics Mississauga

Gym Score Depot

Hershey Centre

Holiday Inn Toronto Airport East

Humber College

IKON

Ministry of Tourism and Recreation

Ontario Trillium Foundation

Playdium Mississauga

Quality Suites Toronto Airport

Radisson Hotel Mississauga

Spieth Anderson

Stock Transportation Ltd.

Westmont Hospitality



**GYMnastics
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CANADA**

QUESTIONS?

Please address all enquires to Holly Abraham, at the Gymnastics Ontario office at 416-426-7095, or email h Abraham@ogf.com and your query will be directed to the appropriate person.