



**Celebrating Over 30
Years of Rhythmic
Gymnastics Excellence in
Kanata**

**Kanata RSG Club
38 Equestrian Drive
Kanata, Ontario
K2M 1E8
www.krsg.org**

Kanata Cup 2008 February 16 & 17

Dear Rhythmic Friends,

We are pleased to extend an invitation to you to participate in the 2008 Kanata Cup Invitational competition. This event is open to all RG Disciplines including individual, group and AGG Provincial and Interclub stream athletes. A registration package for this annual event is attached.

The Competition's Technical Requirements for all Provincial Stream and Interclub categories are as per Gymnastics Ontario's Technical Rules and Regulations as posted on the Gymnastics Ontario website at www.ogf.com.

Here are some registration deadlines to be aware of:

February 4 Deadline to receive **electronic** copy of registration form, and mailed waiver forms and cheque. One cheque per club please! There will be no refunds under any circumstances. Please email forms to paula.preston@sympatico.ca

February 11 Deadline to receive AV and TV scripts. Scripts may be sent by mail or as file attachments by email. **We will not accept scripts sent by fax.**

There will be a \$100 penalty per script if not received by the deadline.

Scripts to be mailed to

Kanata RSG Club
38 Equestrian Drive
Kanata, Ontario
K2M 1E8

Or emailed to: Paula.preston@sympatico.ca

As always, the success of the event depends on having judges. Please be sure to note the name of your judge on the registration form.

We look forward to receiving your package, and to hosting you at our competition. If you have any questions, please feel free to contact the Meet Director, Paula Preston, by phone at 613-831-0182, or by email at paula.preston@sympatico.ca

Sincerely,

Paula Preston
Kanata Cup Meet Director

2008 Kanata Cup Invitational

CONTACT: Dasa Lelli (Head Coach) 613-592-5202
Paula Preston (Meet Director) 613-831-0182
(or by email at paula.preston@sympatico.ca)

REGISTRATION FEE: All Individual Levels - 1 routine \$30.00
2 routines \$55.00
3 routines \$80.00
All Group Levels - group members who are also competing as an Individual \$20.00 per member
- group members who are only competing in a group \$30.00 per member

DEADLINE: February 4, 2008

PENALTY FOR LATE REGISTRATION: \$100.00 per gymnast, in addition to registration fee, beginning February 4. Acceptance of late registrations is at the discretion of the meet director

JUDGE RESPONSIBLE: Xinhong Jin

JUDGES: For the benefit of all gymnasts, **each club should send at least one judge to the competition.** Please indicate the name of your judge on the registration form. All judges will receive an honorarium. Judges will be provided with meals during the competition

MUSIC: CDs must be labeled according to GO requirements listing club, gymnast, category/level, apparatus and timed length of music. Only one piece of music per CD.

TO ENTER: Please fill out the attached registration form and return it with your cheque payable to Kanata RSG Club. **Club registrations will only be finalized when received by post, with cheque attached.** Faxed registrations will not be accepted. One cheque per club. Any returned or NSF cheques will disqualify the Club. Post Dated Cheques will not be accepted. **To ensure accurate spelling of names – please email your registration forms to paula.preston@sympatico.ca**

MAIL TO: Kanata RSG Club
38 Equestrian Drive, Kanata, Ontario, K2M 1E8
or fax: 613-592-5219

- **Please provide an email address as all follow-up communication (information, schedule, draw) will be done electronically.**
- Accommodations information will follow.
- Site map posted on KRSG website.
- Visit our club website (www.krsg.org) for additional information as we get closer to the date.
- **The 2008 Kanata Cup is a GO sanctioned event. Please note that we will enforce the GO regulation requiring all coaches to be NCCP Level 2 certified.**
- It is the responsibility of each coach to bring the necessary medical forms for each competitor.

2008 KANATA CUP INVITATIONAL

Registration package

DATE: Saturday and Sunday, February 16 & 17, 2008
VENUE: Bridlewood Elementary School, Kanata, Ontario
63 Bluegrass Drive, Kanata

PROGRAM:

The Kanata Cup is open to **PROVINCIAL and INTERCLUB STREAM ATHLETES**, Individual, group and AGG competition. Gymnastics Ontario Technical regulations for Provincial Stream and Interclub competitions will be used. Please refer to the Gymnastics Ontario website (www.ogf.com) for the provincial technical program requirements for each category.

DESCRIPTION:

1. Individual and Group Competition

Event and All Around awards will be presented in each category from first to eighth place.

2. The Kanata Cup

This team award is calculated by adding the top four overall scores from either levels 2 or 3, or 4 (A or B) and the top two scores from levels 5 or 6 (A, B or C). If higher-level scores are not available, then top scores may come from lower levels, but not the other way around. Group and Interclub are not factored into the Kanata Cup score.

JUDGES:

For the benefit of all gymnasts, each participating club should send at least one judge who will be available to judge the entire competition. All judges will receive an honorarium.

FACILITY & EQUIPMENT:

Ceiling Height : Competition and warm up gym height is approximately 28 feet
Competition Carpet: Mitufa green

MEET DIRECTOR:

Paula Preston paula.preston@sympatico.ca
613-831-0182 (home phone)

**KANATA RSG CLUB
KANATA CUP INVITATIONAL
FEBRUARY 16-17, 2008**

Participant Waiver and Medical Release Form

Gymnast Coach Judge (check one)

Club: _____

Last Name: _____ First Name: _____

Date of Birth (DD/MM/YY): _____
(required if under 18)

Phone # (Home): _____ Phone # (Alternate): _____

Emergency Contact Name: _____ Phone: _____

Health Card Number: _____ Province: _____

Emergency Health Information for physician or ambulance crew use: (Allergies, Medications, other Conditions)

If _____ becomes ill or sustains an injury
(Participant's Name)

while participating in the Kanata Cup 2008 Invitational Competition and a parent/legal guardian cannot be contacted, I grant permission for treatment by a licensed physician and/or transportation to a hospital for emergency room treatment.

I hereby release the Kanata RSG Club, its Directors, officers, coaches, members and volunteers from and against all actions, claims, liabilities, proceedings and damages resulting from any accidents or injuries which are caused by or arise from participation in this event.

By signing this form I grant permission for Kanata RSG Club and/or its delegates to take photographs and/or videos of the Participant and to use these images in promotion of the event, the club or the sport without compensation or without right of prior review.

Dated at _____ this _____ day of _____, 2008

Signed Participant: _____ Witness: _____

Signed Parent/Legal Guardian: _____ Witness: _____

To be signed by all gymnasts, coaches and judges, and attached to registration forms

2008 Kanata Cup Invitational

PROVINCIAL STREAM Group Competitors Registration Form

Please print clearly or type. This form may be photocopied as required.

Club Name: _____ Contact Name: _____

Phone: _____ Fax: _____ Email: _____

Mailing Address _____

Postal Code _____

Name of coach(es) 1. _____ NCCP # _____ 2. _____ NCCP # _____

Name of Judge(s) 1. _____ 2. _____

Gymnast's Names	Group Category & Size (2/3 or 4/5)	Apparatus	Birthdate (d/m/y)	GO/QGF Number	Fee
GROUP 1:					
1.					
2.					
3.					
4.					
5.					
GROUP 2:					
1.					
2.					
3.					
4.					
5.					

Total Registration Fees \$ _____.

- Registration deadline is **February 4, 2008**. All paper forms, waivers and cheques must be received by this date.
- **Penalty for late registration is \$100.00 per group, in addition to registration fee.**
- Please make cheques payable to Kanata RSG Club. One cheque per club, please.

Please mail forms and cheque to:

Kanata RSG Club
38 Equestrian Drive, Kanata, ON, K2M 1E8
Fax: 613-592-5219

For information please contact:

Dasa Lelli (Head Coach) 613-592-5202
Paula Preston (Meet Director) 613-831-0182
(or by email at paula.preston@sympatico.ca)

2008 Kanata Cup Invitational

INTERCLUB STREAM **Group Competitors Registration Form**

Please print clearly or type. This form may be photocopied as required.

Club Name: _____ Contact Name: _____

Phone: _____ Fax: _____ Email: _____

Mailing Address _____

Postal Code _____

Name of coach(es) 1. _____ NCCP # _____ 2. _____ NCCP # _____

Name of Judge(s) 1. _____ 2. _____

Gymnast's Names	Group Level	Apparatus	Birthdate (d/m/y)	GO/QGF Number	Fee
GROUP 1:					
1.					
2.					
3.					
4.					
5.					
GROUP 2:					
1.					
2.					
3.					
4.					
5.					

Total Registration Fees \$ _____.

- Registration deadline is **February 4, 2008**. All paper forms, waivers and cheques must be received by this date.
- **Penalty for late registration is \$100.00 per group, in addition to registration fee.**
- Please make cheques payable to Kanata RSG Club. One cheque per club, please.

Please mail forms and cheque to:

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Fax: 613-592-5219

For information please contact:

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(or by email at paula.preston@sympatico.ca)

2008 Kanata Cup Invitational

Provincial *STREAM* AGG Competitors Registration Form

Please print clearly or type. This form may be photocopied as required.

Club Name: _____ Contact Name: _____

Phone: _____ Fax: _____ Email: _____

Mailing Address _____

Postal Code _____

Name of coach(es) 1. _____ NCCP # _____ 2. _____ NCCP # _____

Name of Judge(s) 1. _____ 2. _____

Gymnast's Names	Group Level	Birthdate (d/m/y)	GO/QGF Number	Fee
GROUP:		-----	-----	
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Total Registration Fees \$ _____.

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2008 Kanata Cup Invitational

INTERCLUB STREAM AGG Competitors Registration Form

Please print clearly or type. This form may be photocopied as required.

Club Name: _____ Contact Name: _____

Phone: _____ Fax: _____ Email: _____

Mailing Address _____

Postal Code _____

Name of coach(es) 1. _____ NCCP # _____ 2. _____ NCCP # _____

Name of Judge(s) 1. _____ 2. _____

Free Routine: yes or no

Name of routine:

Creative Routine: yes or no

Name of routine:

Gymnast's Names	Group Level	Birthdate (d/m/y)	GO/QGF Number	Fee
GROUP:		-----	-----	
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

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