



2010 Ontario Winter Games

March 4-6, 2010

Information Bulletin #1

Venue: Muskoka Woods
4585 Hwy 141 Box 130
Rosseau, Ontario
POC 1J0 Canada
[705]732-4373

NOTE: MAG, WAG & Aerobics will be in the Field House; T&T and RG will be in the Gymnasium

Schedule: Thursday March 4th Arrival: Early afternoon
Dinner: Early Dinner (3:30pm to 5:00pm)
Opening Ceremonies: Muskoka Warf
Pick-Up at 5:00pm
Ceremonies from 7 to 8 p.m.
All athletes and coaches are required to attend the Opening Ceremonies.
Snacks will be provided on the bus ride back from the opening ceremonies.

Friday March 5th Competition – DRAFT SCHEDULE
Men's Artistic – 8:30am to 1:00pm Field House
Women's Artistic – 2:00pm to 5:00pm Field House
Aerobics – 5:00pm to 6:00pm Field House
Trampoline & Tumbling – 8:00am to 2:00pm Gymnasium
Rhythmic – 3:00pm to 8:30pm Gymnasium

Saturday March 6th GALA at Muskoka Limberettes Gymnastics Club (10:00am to 11:00am)

Athletes will be selected prior to competition to participate in this event.

A detailed schedule of competition will be circulated with Bulletin #2.

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Competition Format: This is a **Team Competition** – medals will be presented to the top 3 teams. No individual awards (all Around or separate events) will be awarded.

Accommodation:

Athletes & Coaches:

Muskoka Woods
4585 Hwy 141 Box 130
Rosseau, Ontario
POC 1J0 Canada
[705]732-4373

OR

Camp Oochigeas
4256 Hwy 141
Rosseau, Ontario
POC 1J0
[705] 732-6366

Please Note: Athletes accommodations are cabins & athletes will be sleeping in bunk beds. Athletes are required to bring their pillow. Sleeping bags will be provided for athletes.



For a \$10.00 donation to the **Canadian Tire Jumpstart Program**, OWG athletes will be able to keep their sleeping bag and help provide other less fortunate athletes get there start in sport!

Please indicate on registration form and include payment in your registration fee.

Officials:

Sleep Inn
510 Muskoka Rd. 118 West
Bracebridge, ON
P1L 1W8

These accommodations have been secured for athletes, coaches and officials only. Spectator accommodation is not available at this hotel. To book spectator accommodation please visit the Ontario Winter Games website at www.2010ontariowintergames.ca

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- Transportation: Participants are responsible for transportation to Muskoka Woods on March 4th and departing from Muskoka Woods on **March 5th OR March 6th (if athlete selected to participate in the Gala)**
- Bus Service/Shuttle Service will be available for all accredited participants between the accommodation and the venue and special events.
- Meals: Will be provided for all participants during the Games. All meals will take place at Muskoka Woods
- Games Apparel: Official 2010 Ontario Winter Games apparel will be sold during the event. T-Shirts: \$25.00; Long Sleeve Shirt: \$35.00; Hoodie: \$45.00. (Tax included)
- Team Photos: A team photo of each discipline will be taken during the games. The photos will be for sale for \$5.00 each. 100% of these sales will be donated to **Presidents Choice Children Charities**, to support children in need in Muskoka!
- Admissions: Multi-day pass - \$20.00; Single day all access pass - \$10.00; Children 16 years and under are free (provided that they are accompanied by an adult). Tickets can be purchased online prior to the event or at the gate.
- Website: www.2010ontariowintergames.ca
- Tracksuits: All Ontario Winter Games athletes and coaches have the option to purchase a TEAM ONTARIO tracksuit
- The cost of the uniform is **\$ 112.00 (delivery is included)**. Order Form is Attached.
- Gymsuit/Singlet All Ontario Winter Games athletes have the option to purchase a Team Gymsuit/Singlet. The cost is outlined on the order form attached.
- Bulletin #2: Will be circulated in January and include a detailed competition schedule and itinerary.

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Questions: Contact Your Discipline Specific Program Manager:
Artistic Men – Doug Shirton (dshirton@ogf.com)
Rhythmic – Shelley Frappier (rhythmic@ogf.com)
Trampoline and Tumbling – Angela Feurstein (afeurst@ogf.com)
Women's Artistic – Elizabeth Harris (eharris@ogf.com)

Registration: Athletes \$150
Coaches \$75
Refunds: Cancellation/admin fee of \$70.00 will be charged to any refund
Fees will be accepted via Club Cheque or Credit Card ONLY

This fee includes all meals, accommodation, and transportation between the hotel and venue, registration fees and judges expenses.

To register please submit the attached registration form. In addition the following forms must also be completed and accompany your registration:

Athletes

- Competitive Athlete Medical Data Record
- Conditions of Participation & Waiver Form
- Gynsuit/Singlet order form (if ordering – not mandatory)
- Tracksuit order form (if ordering – not mandatory)

Coaches (Team Coaches/Managers ONLY)

- Team Ontario Coaches Application
- Team Coach Roles & Responsibilities
- Proof of Police Record Check
- Tracksuit order Form (if ordering – not mandatory)
- Conditions of Participation & Waiver Form

Personal Coaches

- Conditions of Participation & Waiver Form

NOTE: Registration will not be considered complete without payment.

Please send all forms and payment by:

January 8th, 2010 (MAG/WAG/RG/**Aerobic**)

February 2nd, 2010 (T&T)

To the attention of:

Program Manager

3 Concorde Gate, Suite 214

Toronto, ON

M3C3N7

Email address