



2010 Ontario Winter Games

March 4 - 6, 2010

Information Bulletin #2

Venue: Muskoka Woods, 4585 Hwy 141, Box 130, Rosseau, Ontario, POC 1J0 Canada
(705) 732-4373

DIRECTIONS: * From Toronto, travel north on Highway 400

- At Barrie, continue north on Hwy 400 towards Parry Sound
- Exit Hwy 141 East (Exit #207) before Parry Sound
- Follow Hwy 141 East to Muskoka Woods
- map included

NOTE: MAG, WAG & Aerobics will be in the Hangar (Building #3); T & T and RG will be in the Fieldhouse (Building #4))

Thursday March 4th

Arrival: 12:00 noon SHARP Registration at Music Hall– Building #2 on Muskoka Woods map. Parking space will be at a premium; please park in the guest parking lot on the right when you enter Muskoka Woods.

Those athletes and coaches who have been assigned to Camp Oochigeas Balsam House and Camp Oochigeas Maple House should drive directly to their respective cabins first and drop off their belongings before meeting at Muskoka Woods. The Camp, heading north, is on the right side, 1 km before you reach Muskoka Woods. You should be driven back to Muskoka Woods to get your registration package and your bag. These items will have to stay with you for the evening.

If you are housed at Camp Oochigeas, you will be going directly to the Opening Ceremonies after dinner (at Muskoka Woods); please be sure to have all your outdoor clothing with you when you leave Camp Oochigeas to go to Muskoka Woods for registration.

Those who have been assigned to Muskoka Woods will be at the Treetop Building #7.

Please park in the guest parking lot on the right when you enter Muskoka Woods.

- Team Photo: 1:15 pm** **MAG, WAG and Aerobics: 1:15 pm at the Hangar**
1:45 pm **T& T and Rhythmic: 1:45 pm at the Fieldhouse**
- Dinner: 3:00 pm – 4:00 pm:** Cafeteria – Building #1. The tuck shop for snacks is located on the lower level of Building #2.
- Opening Ceremonies:** Muskoka Wharf
- Bus Pick-Up at 5:15 pm
 - Ceremonies from 7 to 8 pm
 - Bus Pick-up at 8:15 pm

All athletes and coaches are required to attend the Opening Ceremonies. A very light snack (i.e. granola bar) will be provided on the bus ride back from the opening ceremonies.

Ticket Update: There is now a limited number of tickets available for parents/spectators for the Opening Ceremonies from the Algonquin Theatre Box office; go to: <http://www.algonquintheatre.ca/events/WinterGames10.htm>

Friday March 5th

Competition – SEE ATTACHED SCHEDULE
 Men’s Artistic – 7:30 am to 12:00 pm Field House
 Women’s Artistic – 2:00 pm to 5:00 pm Field House
 Aerobics – 5:00 pm to 7:30 pm Field House
 Trampoline & Tumbling – 8:00 am – 1:45 pm Gymnasium
 Rhythmic – 3:00 pm to 8:45 pm Gymnasium

Departure: **6:30 am - 7:00 am ONLY** Pick up for **all athletes and coaches** at Camp Oochigeas to go to Muskoka Woods for Breakfast

Take all your belongings with you to the venue as you will not be returning to your cabins.

Athletes and coaches must pack and take all their belongings to the competition site as they will not be returning to Oochigeas. Pick up after competition to go home will be at Muskoka Woods.

Athletes who are participating in the Gala can move into the Muskoka Woods cabins later in the day on Friday.

Friday Meals: All meals will be in the Cafeteria, Building #1.
 6:00 – 9:00 am – Breakfast
 12:00 – 12:45 - Lunch
 5:00 – 8:00 pm - Dinner

Saturday March 6th

GALA at Muskoka Limberettes Gymnastics Club (11:00 am to 12:30 pm)
 Athletes will be selected prior to competition to participate in this event; athletes and team coaches will be provided with accommodation, Friday

dinner and Saturday breakfast.

Time for bus transportation to Limbrettes TBA; take all your belongings with you. Coaches are asked to ensure that there is one adult supervisor aboard the bus with the athletes.

All pick up of all athletes by parents/coaches after the Gala is at the Limberettes, 110 Clearbrook Trail, Bracebridge, ON. Phone: (705) 645-1910

Map attached. Refer to:

http://muskokalimberettes.com/view_doc_by_id.php?edit=1&inpage=true&id=11

Saturday Meal: 6:00 – 9:00 am Breakfast

Competition Format: This is a **Team Competition** – medals will be presented to the top 3 teams. No individual awards (all Around or separate events) will be awarded.

Accommodation: **Athletes & Coaches:**

Muskoka Woods 4585 Hwy 141 Box 130 Rosseau, Ontario POC 1J0 Canada (705) 732-4373	OR	Camp Oochigeas Balsam House/ Camp Oochigeas Maple House 4256 Hwy 141 Rosseau, Ontario, POC 1J0 (705) 732-6366
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Please Note:

- The rooming assignment is attached for Thursday night and also for those staying for Friday night
- Accommodation for athletes and coaches are in cabins with bunk beds and like a camp, everyone is required to bring his/her pillow, towels, and toiletries
- Athletes and coaches who are staying at Muskoka Woods on Thursday and departing on Friday are asked to have their belongings packed and left on the bed so that the housekeeping staff can prepare the cabins for those guests who will be staying for Friday night

Sleeping bags will be provided for athletes and coaches; however, they must be returned. Coaches are asked to check that sleeping bags are left behind unless they are purchased.

For a \$10.00 donation to the **Canadian Tire Jumpstart Program**, OWG athletes will be able to keep their sleeping bag and help provide other less fortunate athletes get there start in sport!



Officials:

Sleep Inn, 510 Muskoka Rd. 118 West, Bracebridge, ON P1L 1W8
705- 645-2519.

The Sleep Inn has been secured for officials only for Thursday night.
Spectator accommodation is not available at this hotel.

Please note for Friday: Any official who requires accommodation for Friday evening will be housed at Muskoka Woods. **Please bring pillows, towels and toiletries.** Sleeping bags will be provided (see previous notation on sleeping bags and “Jumpstart” program). Please pay the \$10 donation to Elizabeth Harris before leaving Saturday morning.

Spectator**Accommodation:**

As of Feb. 27, the following hotels have indicated that accommodation is available:

Huntsville

Motel 6 - (705) 787-0118

Deerhurst - (800) 201-1488

Best Western - (705) 788-3345

Holiday Inn -(705) 788-9500

Muskoka Lakes

JW Rosseau - Marriott 1 705 765 1900

Greenestone - (877) 762-5501

Gravenhurst

Marriott Residence Inn - (705) 687-6600

Muskoka Bay Club (a few condos that are being rented out for the games) - 705-687-4900 x 301

Transportation:

Participants are responsible for transportation to Muskoka Woods on March 4th and departing from Muskoka Woods on March 5th. Only those athletes who have been selected to participate in the Gala will leave on Saturday, March 6th.

Bus Service/Shuttle Service will be available for all accredited participants between the accommodation and the venue and special events.

Meals:

Will be provided for all participants during the Games. All meals will take place at Muskoka Woods. Meal times will be limited; it is highly recommended that athletes and coaches bring nut-free snacks from home.

- Games Apparel: Official 2010 Ontario Winter Games apparel will be sold during the event. T-Shirts: \$25.00; Long Sleeve Shirt: \$35.00; Hoodie: \$45.00. (Tax included)
- Team Photos: Will be taken on Thursday at 1:15 for MAG/WAG/Aerobics and – 1:45 for T & T/Rhythmic. A team photo of each discipline will be taken and photos will be for sale for \$5.00 each. 100% of these sales will be donated to **Presidents Choice Children Charities**, to support children in need in Muskoka!
- Admissions: Multi-day pass - \$20.00; Single day all access pass - \$10.00; Children 16 years and under are free (provided that they are accompanied by an adult). Tickets can be purchased online prior to the event or at the gate.
- Website: www.2010ontariowintergames.ca
- Gymsuit/Singlet For track suits and singlets, athletes have the option to wear their club uniforms.
- Questions: Contact Your Discipline Specific Program Manager:
Artistic Men – Doug Shirton (dshirton@ogf.com)
Rhythmic – Ilinca Nita-Saguna (rhythmic@ogf.com)
Trampoline and Tumbling – Dave Sandford (t&t@ogf.com)
Women’s Artistic – Elizabeth Harris (eharris@ogf.com)