

May 22 & 23, 2010
Mother Teresa Secondary School
London, ON

Saturday May 22, 2010

	Flight 1	Flight #2	Flight #3	Flight #4	Flight #5
	ODP	OCP Level 2	OCP Level 3	OCP Level 3	OCP Level 4
	5&6 year Old A 5&6 Year Old B Beginner Intermediate Advanced	Age 7&8 Age 9-11	Age 7&8	Age 9 Age 10/11 Age 12+ LEVEL 2 Age 14+	Age 10/11 Age 12/13 Age 14+
Registration	7:30am to 8:00am	11:00am to 11:30am	1:00pm to 1:30pm	2:30pm to 3:00pm	4:15pm to 4:45pm
March In	8:00am to 8:15am	12:00pm to 12:15 pm	2:00pm to 2:15 pm	3:45 pm to 4:00 pm	5:45pm to 6:00pm
General Stretch	8:15am to 8:30am	12:15pm to 12:30 pm	2:15pm to 2:30pm	4:00pm to 4:15pm	6:00pm to 6:15 pm
Competition	8:30am to 12:00pm	12:30 pm to 2:00 pm	2:30pm to 3:45pm	4:15pm to 5:45pm	6:15 pm to 8:00pm
Awards	12:00pm to 12:30pm	2:15 pm to 2:45 pm	4:00 pm to 4:30 pm	6:00 pm to 6:30 pm	8:15pm to 8:45pm

Sunday May 23, 2010

	Flight #6	Flight #7	Flight #8	Flight #9
	OCP Level 4	OCP Level 5	OCP Level 6	OCP Level 7&8
	Age 7&8 Age 9	Age 7&8 Age 9 Age 10/11 Age 12/13 Age 14+	Age 7&8 Age 9/10 Age 11 Age 12 Age 14+	Age 8 Level 7 Age 9-11 Level 7 Age 12+ Level 7 Age 12+ Level 8 Masters
Registration	7:30am to 8:00am	9:00am to 9:30am	11:15am to 11:45am	1:15pm to 1:45pm
March In	8:00am to 8:15am	10:15am to 10:30am	12:30pm to 12:45pm	2:30pm to 2:45pm
General Stretch	8:15am to 8:30am	10:30am to 10:45am	12:45pm to 1:00pm	2:45pm to 3:00pm
Competition	8:30am to 10:15 am	10:45am - 12:30pm	1:00pm to 2:30pm	3:00pm to 4:30pm
Awards	10:30 am to 11:00 am	12:45pm to 1:15pm	2:45pm to 3:15pm	4:45pm to 5:15pm